

Melodic Orgasm = Spoonfed Tribe by Reena De Asis



[Reena De Asis](#)

If a sage and a musically gifted chieftain converged and formed a brotherhood, better yet, a progressive rock and world fusion band, today, they would be known as [Spoonfed Tribe](#). Six warriors from Dallas, Texas invite fellow tribe music lovers to gather and experience "a multi-dimensional movement of persuasive percussion and melodic mood manipulation." To be part of "the movement," you must experience a live show with bandmates [Egg Nebula](#), [Kaboom](#), [ShoNuff](#), [Gouffahnts](#), [P.Green36](#) and [Jerome57](#).

"We give a piece of ourselves every time we play, and we give that back to people and it's wonderful to create that energy," said Egg Nebula.

A Spoonfed Tribe show is like a moment of tribal zen. It's a glimpse of underground cultural phenomena, reminiscent of Burning Man, a one-week artistic excursion in an experimental community in Black Rock City, Nevada. The band delivers a heavy dose of auditory pleasure. Their live show is an experience one cannot rightfully grasp as a passive bystander vs. being an active and conscious participant; hence the name, Spoonfed Tribe.

"To be spoon-fed from what we call society, a system, a way that's supposed to be the way it is. Ancestor after ancestor were spoon-fed to believe to take something away, no you can't do that, and this is how it is supposed to be." P.Green36 reiterates, "Basically, all of us are spoon-fed. Know you are spoon-fed and do something about it."

Everyday you are given many options and that includes what you listen to. If you are a music enthusiast, then you are usually hungry for some depth. In particular, I reminisce of such a gathering of talented and grassroots musicians at an intimate festival setting at the High Sierra Music Festival, held on 4th of July weekend in Quincy, California. The music and camping festival united an array of talented musicians in a relaxed mountain setting. In front of me on the lush green grass amidst a cool summer breeze is Spoonfed Tribe. The band just wrapped up an exhilarating percussion driven performance joined by members of [Delta Nove](#), a six-piece "afrosambafunk" band from Long Beach at the end of their set. After a few deep breaths, we sit in a circle, sharing thoughts about the here and the now. Nevertheless, laughter permeates the air; even if the topic of the day varies from world domination, police brutality, to musical expression, truth and life philosophies. My senses are tantalized. The sun is setting and in the backdrop, a pulsating bass and drumbeat echoes. People are frolicking in the forest, bouncing in front of the numerous and multicolored stages.

"My favorite part is having dirt on my feet from dancing my ass off," said ShoNuff.

These multi-instrumentalists have been inspiring people to dance all across the country since 1999. Spoonfed Tribe members, all in their 20's, consist of uplifting spirits with mile-deep eyes, body paints, wild hair, tribal tattoos and warm smiles. They are calm, yet full of passion and good energy. There is no rock-star ego. Their musical journey has included playing with [Bela Fleck and the Flecktones](#), [String Cheese](#), [Medeski Martin & Wood](#), [Leftover Salmon](#) and [Better Than Ezra](#). Their melodious passion extends with side project, All Braves, No Chief.

"I'm doing what I love to do and I want to express that to as many people as possible," said Gouffahnts.

Likewise, one's love for music can lead to adventurous travels and discovering amazing acts. As a result, two years ago I experienced my first "melodic orgasm," triggered by Spoonfed Tribe at the Bob Marley Festival in Sedona, Arizona. The combination of the red rocks, earthy vibe, captivating visuals and infectious grooves was one of the highlights of my adventure. Since then, they have been tirelessly touring and promoting their fourth album *We Are Part of the Problem*, which was released in 2003.

"We are like Energy Recyclers." Jerome57 professes. "My favorite is the change over."

He proceeds to describe an audience member who is a bit apprehensive of what to expect from the band, arms crossed and the occasional head nods during the first few songs. By the middle of the set, if that, he allows himself to just be and let go. His arms and hips move effortlessly, awakened from a slumber, glowing with a radiant smile.

The group smiles with agreement. Their shows are a blend of funk, folk, jazz, psychedelic, dance, rock, hip-hop and reggae. Kaboom invites everyone, aka fellow tribe members, to experience Spoonfed Tribe, with the desire that people will "Walk away with the energy we put out. To see people break their shell, to create a moment of a lifetime."

In August, Spoonfed Tribe joined forces with Delta Nove for Right to Rock's first benefit show. An energetic crowd was fortunate enough to witness two talented acts that equally created a buzz at the High Sierra Music Festival. The conscious musicians raised awareness, funds and the energy level at Kozmos in Hunting Beach. The night was in celebration of educating the audience on the importance of music school programs. Two dynamic acts, one main thing in common, their music has no boundaries and induces dancing and smiling with their lively stage presence and contagious grooves.

Be part of the movement: [Spoonfed Tribe](#)

<http://www.spoonfedtribe.com>

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